

REPORT ON HEALTH CHECK-UP CAMP

Conducted on 5th and 6th March 2026 on account of International Women's Day.

- **Introduction:**

A Health Check-up Camp was organized at VPKBIET with the aim of promoting health awareness and encouraging preventive healthcare among students, faculty members, and staff. The camp was conducted to provide essential medical screening facilities, like overall blood checkup for diabetes, thyroid, ECG, and Pap-smear test for ladies to ensure early detection of health issues, and guide individuals toward maintaining a healthy lifestyle.

- **Inauguration of the Camp:**

The camp was conducted in collaboration with Environmental Forum, Yashashri Hospital, Punyashlok Ahilyadevi Holkar Government Medical College Hospital Baramati, Rui Rural Hospital, Hind Lab team of experienced doctors, nurses, and medical staff. The program began with a brief introduction highlighting the importance of regular health check-ups and preventive healthcare. Volunteers and faculty members assisted in managing registrations and guiding participants, ensuring smooth coordination throughout the event.

- **Medical Tests and Services Provided:**

Various medical tests and screenings were conducted during the camp to assess the overall health condition of the participants. These included **CBC (Complete Blood Count)**, **HbA1c (Glycated Hemoglobin)** test, **Thyroid profile**, **ECG (Electrocardiogram)**, **Lipid profile**, and **PAP smear (cervical cancer screening test)**. In addition to these tests, general health consultations were provided by medical professionals, who explained the test results clearly and offered guidance on diet, exercise, stress management, and lifestyle improvement.



- **Participation and Response:**

The camp received an enthusiastic response from students and staff members. Many participants actively took part in the health screening process and appreciated the availability of professional medical services within the campus. The systematic arrangement of testing counters ensured a smooth and well-organized experience for everyone.



- **Conclusion:**

The Health Check-up Camp proved to be highly beneficial and successful. It helped raise awareness about the importance of preventive healthcare and encouraged individuals to monitor their health regularly. The event concluded with a vote of thanks expressing gratitude to the medical team, organizing committee, volunteers, and all participants who contributed to making the camp meaningful and successful.